Writing

WITH

VALUE

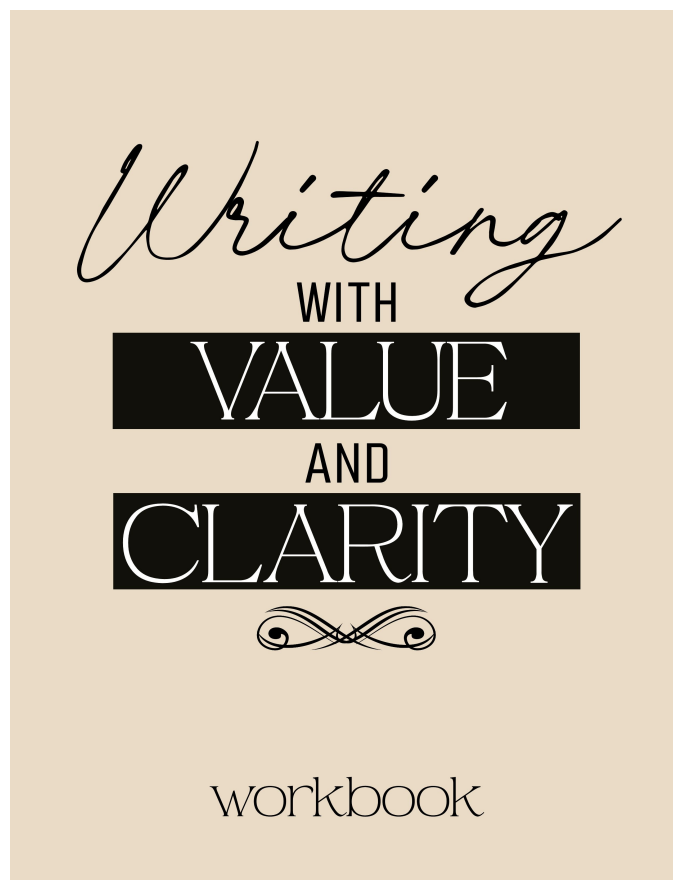## AND

CLARITY

workbook

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WELCOME

This workbook is designed to guide you in identifying and fostering your core values and concepts in writing—the essential principles that dictate your author journey.

Remember, the path you're embarking on is highly personal and unique to you, as is your writing style. So, it's vital to dig deep and connect with what truly speaks to your individually.

Through a series of structured exercises and reflective questions, this workbook aims to bring you on a path of discovery, intended to enrich your mind and give you clarity of purpose. Approach each section with a willingness to explore, answering each query with authenticity and consideration.

Let's get started

THE VALUE & CLARITY WORKBOOK

Achieving an understanding of our values empowers us to live a life which aligns our goals and actions. This workbook will help you to uncover and relate your unique self so that you can successfully integrate them into your writing.

STEP #1

Read through all these values and circle all that are important to you:

- Abundance
- Advancement
- Adventure
- Affection
- Appreciation
- Balance
- Be True
- Beauty
- Career
- Caring
- Change
- Change
- Charisma
- Clarity
- Commonality
- Communication
- Compassion
- Connection
- Contentment
- Contributing
- Cooperation
- Courage
- Creativity
- Diversity
- Effectiveness
- Encouragement
- Endurance
- Enjoyment
- Entertain
- Entrepreneurial
- Excellence
- Excitement
- Facilitation
- Faith
- Fame
- Family

- Finances
- Fitness
- Forgiveness
- Forgiveness
- Freedom
- Friendship
- Friendship/Relationship
- Fun
- Fun-Loving
- Generosity
- Giving People a Chance
- Goodness
- Grace
- Gratitude
- Happiness
- Harmony
- Home
- Honesty
- Humanity
- Humor
- Innovation
- Integrity
- Intelligence
- Invention
- Involvement
- Joy/Play
- Justice
- Kindness
- Knowledge
- Leadership
- Learning
- Love
- Love of Career
- Loyalty
- Openness
- Order

- Patience
- Patience
- Peace
- Personal Development
- Power
- Pride in Your Work
- Professionalism
- Prosperity
- Quality
- Reciprocity
- Relationship
- Religion
- Renewal
- Respect
- Respect
- Security
- Self-Respect
- Speed
- Spiritualism
- Strength
- Success
- Teamwork
- Trusting Your Gut
- Wealth
- Wellness
- Willingness
- Wisdom
- Work Hard

YOUR LOGO

THE VALUE & CLARITY WORKBOOK

STEP #2

Write them down here in the left column. Now read through them again and decide what 6 values are most important to you and what you have to say:

All values I checked	My top 6

STEP #3

Write down what each of these values mean to you and why they are important:

My top 6	What they mean, why they are important to what you have to say through your voice:

YOUR
LOGO

THE VALUE & CLARITY WORKBOOK

STEP #4

Do all of your top 6 values integrate well with each other, or is there conflict between any of the values?

Top 6 Values	Conflicting Value	Where do these values collide? What is the conflict?

STEP #5

Define your Top 3 Core values.

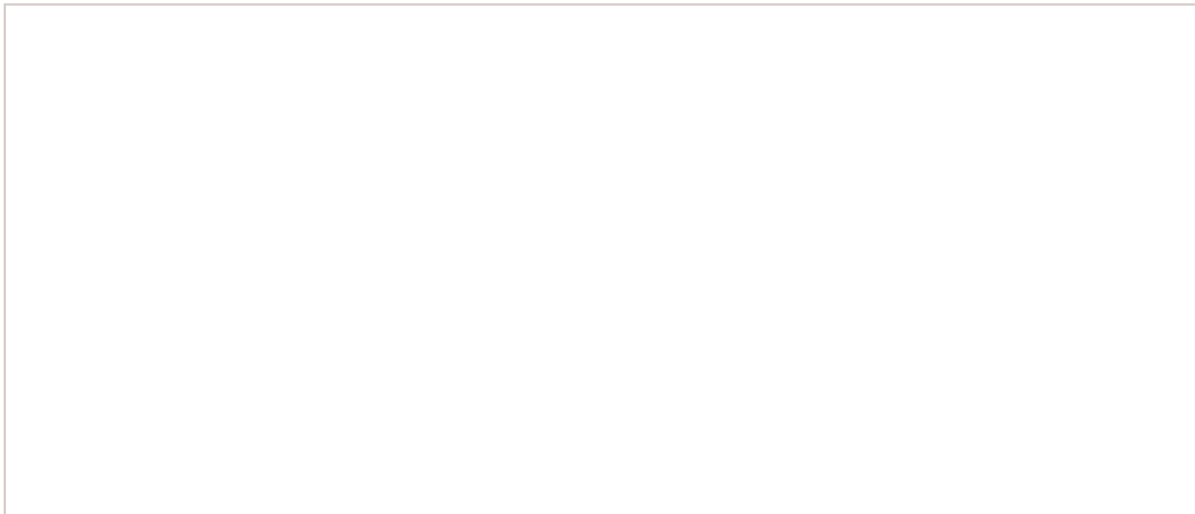|	Note down value	Because
My #1 priority is		
My #2 priority is		
My #3 priority is		

YOUR LOGO

STEP #6

Now that you know your Top 3 priorities, ask yourself: Does it show in my writing? If not, why? Am I afraid of being vulnerable? How can I infuse these more into my writing?

STEP #7

Now that I know my Top 3 Core values and how I want to infuse them more into my everyday life, how can I solve any conflicts between them, if an exists?

STEP #8

Use the following template to fill in your top values. Print it out and place it somewhere, where you are reminded daily and therefore align your writing with who you truly are, and not what you think you need to be for the reader.

YOUR
LOGO

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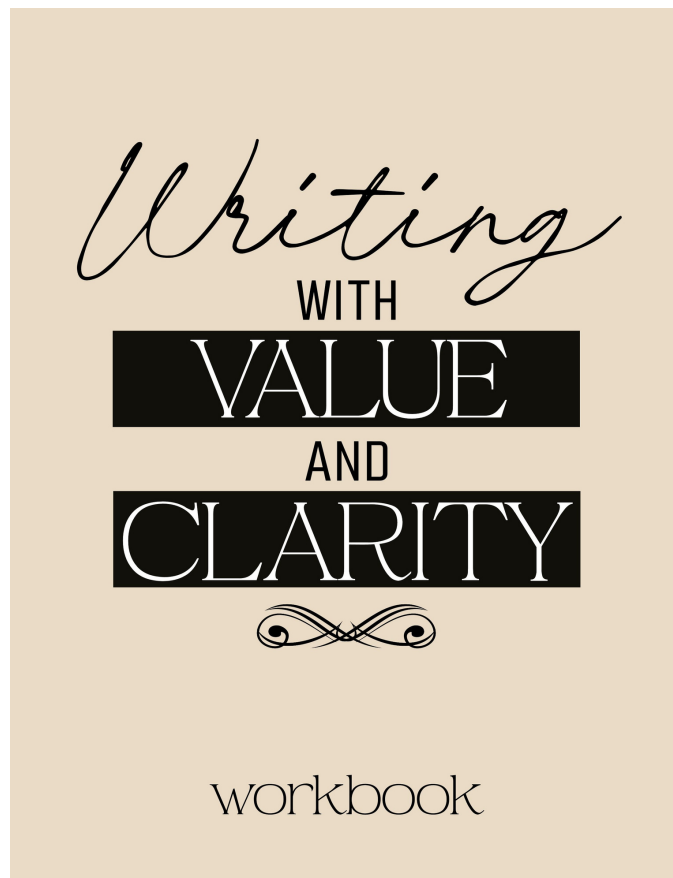
workbook

CONGRATULATIONS

You have completed this workbook and taken an important step in clarifying your values to reveal yourself to readers through your writing. People need your voice and your authentic self.

Remember, it is important to be patient with yourself and to take small steps toward your goals. If you find yourself struggling, or feel you need additional help, we offer one-on-one coaching packages.

MEET THE COACH

Michelle Jester
Writing Coach and Publishing Consultant

In publishing for well over twenty years, Michelle has helped many authors fulfill their goal of sharing stories with the world.

CONTACT

If you are looking for deeper coaching, and feel you can benefit from one-on-one sessions, reach out today. Whether it is fiction or nonfiction, I feel confident I can help you achieve your goal of finally getting your story out of your mind and on its way to the world.

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Start the journey of your life.